EFT Tapping Points QuickStart PhotoGuide



Tapping Point 1. The Crown



Tapping Point 2. The Inner Eye



Tapping Point 3. The Outer Eye



Tapping Point 4. Under The Eye



Tapping Point 5. Under The Nose



Tapping Point 6. The Chin



Tapping Point 7. The Collarbone



Tapping Point 8. Under The Arm

Important Note: While the method being presented has produced remarkable clinical results, has no known sideeffects and has been known to relieve a multitude of physical and emotional ailments, it is still officially classed as being in the experimental stage and so practitioners and the public must take complete responsibility for their use of it. Please consult your doctor before deciding to stop any medication.

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